

Fund Raising

1. Requesting individual and corporate tax-deductible donations for funds and/or services.
2. Requests for book donations from authors and/or publishers to provide reference materials for youth, families and all educational levels.
3. Special Events.
4. Donation requests listed on our web site <http://www.smilelifework.org>
5. Auction of donated items.

Awards

Christie Toribara received The Golden Rule Award for education from J.C. Penney on behalf of SMILE in April, 2000.

Eli Lilly selected Christie Toribara, on behalf of SMILE, as the 2001 Welcome Back Awards Special Recognition honoree for Destigmatization.

AFSP-NW 2005 Youth Suicide Prevention Award presented to Christie Toribara for SMILE endeavors.

Volunteer Award to SMILE from Spokane Regional Health for 2007

501(c)3 Non-profit
Donations Accepted, Tax Deductible



P.O. Box 30357 • Spokane, WA 99223

509 • 448 • 8886

www.smilelifework.org

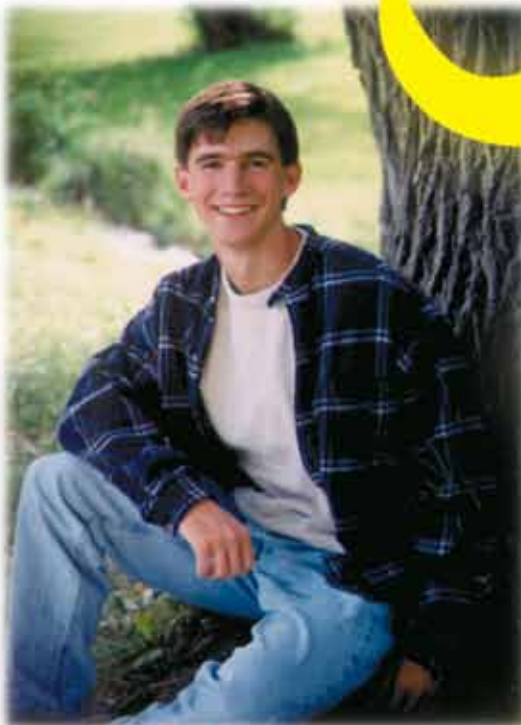


Photo courtesy of Scott Jones

Craig Toribara
4/21/78 - 9/12/95

*In memory of
all the precious lives we have lost.*

Ted Toribara, MDPresident
 Tim Hunter Co-Vice President
 Susan Toribara Co-Vice President
 Anne Vigasaa-CarrSecretary
 Amy Roberts, CPA Treasurer
 Christie Toribara, R.Ph Executive Director
 Jon McClellan, MD Child Psychiatrist
 Jim Lang Photography
 Linda Lang, R.Ph Historian
 Julie Magee, M.S.W Data Entry
 Paul Quinnett, Ph.D Suicide Specialist
 Lou Sowers, Ph.D Child Psychologist
 Jason Miller Web Site/Graphics
 Matt Layton, MD, Ph.D. Advisor
 Matt Sanger Attorney
 Solveig & Endre Bjorgum Auxiliary Members
 Joe Dinnison Auxiliary (Finances)

SMILE

*Sometimes a
smile
can make
all the
difference!*

www.smilelifework.org

SMILE'S

Mission Statement

Born out of sorrow, SMILE, a 501(c)3 educational organization, is dedicated to the proposition that tragedies such as suicide, drug abuse, eating disorders, violence and other self-destructive behaviors, can be prevented by providing children and young people with the life skills they need to adequately cope with the challenges they will face throughout their lives.

The mission of SMILE is twofold: 1. Provide adults, parents, teachers, and medical professionals with the tools, education, and resources they need to effectively teach and demonstrate critical life skills. 2. Provide children and young people with the life skills they need to be aware of consequences and alternatives of their actions, thus empowering them to make self-enhancing choices.

SMILE understands some accepted practices and institutions in our society create inordinate levels of stress and can serve to dehumanize and alienate our children. These stress levels can lead to depression and/or a sense of hopelessness that these children aren't equipped to handle. In such circumstances, these young people frequently turn to self-destructive behaviors. It is SMILE's objective to modify, through education, these practices and institutions, while at the same time empowering our children to cope with any challenge life might present.

*This mission is dedicated
to the spirit and memory of
Craig Toribara
and other precious lives lost.*

www.smilelifework.org

Achievements

SMILE initiated the campaign of education on at-risk issues with the creation of two suicide awareness & prevention pamphlets, a handbook for adolescents' families titled "Is This Really Normal?", and various newspaper, television, radio interviews and radio public service campaigns. Caring professionals donate their time presenting on building resiliency and at-risk issues using the most current information available, creating greater awareness, correcting misconceptions, and dissipating stigma often attached to depression, affective disorders, and suicide.

SMILE has donated over \$35,000 of books/CDs/DVDs on youth issues to all educational levels, families, medical personnel, and organizations on drug addiction, abuse, anger management, grief, depression, PTSD, suicide, and other youth related topics. Together with professionals and other organizations SMILE works to educate families and youth on critical issues, reaching out to over 100,000 students, their families, and connected adults.

The business-sized "Help Card" is distributed to increase awareness and expedite assistance during times of challenge or confusion. By handing it to a trusted adult or friend, the printed phrase "I Need Your Help" and referral phone numbers assist the young person in requesting support.

The arts increase communication skills, understanding cultural differences, enhance creativity, and strengthen all types of learning. The following are examples of our work in this area which started in 1998:

- Internationally-known jazz pianist/composer David Benoit was instrumental in using the music to reach young people.
- Over 500 students from several schools enjoyed the stimulating experience with noted poet/author Janet Wong at Libby Center.
- Patti Osebold instructed the art of origami.
- Twice Fellers imparted mask making, writing stories & songs.
- Jon Pearson taught imagery methods in learning.
- Christi Anne demonstrated the use of lines and angles to draw pictures.
- Jim Valley (Paul Revere & the Raiders fame) used music for movement and putting poems to song.

The yearly "Early Prevention, Future Success" conference provides education on critical youth issues. Presenters include noted authors, specialists, and lecturers in a number of critical areas affecting youth.

The "Starting Blocks" CD-ROM (in English and Spanish), covering 112 topics was distributed to 5,000 families, medical personnel, counselors, and other professionals. Partnership with the AACAP (American Academy of Child and Adolescent Psychiatry) and other professionals provide critical information, now available on our web site and links.

Current Projects

The 11th yearly conference "Early Prevention, Future Success" will be held at Red Lion Inn at the Park on October 13, 2010. Paul LeBuffe of the Devereux Foundation will cover building resiliency in traumatized youth. Dr. Quinnett and Dr. Sowers will also be available to answer questions.

The 64-page "Grieving Resource—Books and Other Media" is being given to families, professionals, and others grieving. It is broken down into age groups, fiction and non-fiction, and areas of grief.

SMILE provided a grant to Molalla Elementary School to enhance prevention efforts to reduce/eliminate bullying behavior and teach civility to students kindergarten through 5th grade.

Education continues through presentations and media interviews, as well as working with Hospice on grief. We worked on the committee to form the Washington State youth suicide prevention plan.

We continue to work with Dr. Forni, author and co-founder of the "Civility Project" at Johns Hopkins University. Three DVDs (professional, families, and grade-school) "Civility: Commitment to Kindness" are used locally and nationally as part of our work dealing with bullying and dehumanization, with the ensuing health effects.

Our Outreach Program continues to work with families/communities after a loss or at other critical times with 182 contributions to date.

SMILE continues donation of books, DVDs, and CDs to families, schools, professionals, and other organizations working with youth. The new web site will be up in June to give families easily accessible information, including information and recipes for those with Celiac Sprue.

www.smilelifework.org

STUDENTS MASTERING IMPORTANT LIFESKILLS EDUCATION