SMILE

Grieving Resource

A Guide to Books and other References to help you through life’s challenges :: 2012 ::
SMILE, a 501(c)3 non-profit educational organization, was formed after the suicide of Craig Toribara. Many dehumanizing experiences are forced on our youth by critical areas of society. Increasing stress results in escalating alcohol and drug use, anorexia, bulimia, dropping out of school, running away from home, increasing violence, and suicide.

We intend to help change this destructive trend through education. This education will include, but not be limited to, development and promotion of lifeskills programs, building resiliency, healthy solutions, and awareness/prevention programs.

We intend to enable youth to find solutions to emotional pain and hope for their futures through pamphlets, videos, CDs, DVDs, books, our website Help Cards, and other media.

We will work with existing programs and develop new ones if needed. We intend to meet our goals by reaching out to individuals locally and in other geographic areas and educating adults on issues affecting young people.
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Books may be ordered through Aunties’s Bookstore at:
509-838-0206 or www.auntiesbooks.com
Books can also be found through various national websites
The information contained in this Grieving Resource Guide is for general information purposes only.

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Death of a Child
(Including Sibling or Friend)

Alexander, Sue
_Nadia the Willful_, Pantheon Books, 1992
After Nadia’s older brother dies, she intentionally talks about him to aid in her father’s recovery.
Ages 6-10

Blackburn, Lyan
_Timothy Duck_, Centering Corporation, 1987
Timothy Duck shares his feelings after his friend gets sick and dies.
Ages 5-8

Cohn, Janice
_I Had a Friend Named Peter_, W. Morrow, 1987
Sensitively pictures the pain experienced by a child following a friend’s death, including fears and nightmares. The parents affirm that sorrow and tears are acceptable.
Ages 4-9

Fisher, Fred
_A Punkin in the Frost_, Canmium Phate, 1992
Eddie and Diane are ten year olds who plan to grow up together. Diane dies in an accident and now Eddie has to say good-bye.
Grades 3-6

Gryte, Marilyn
_No New Baby_, Pantheon Books, 1992
After her unborn sibling dies, a young child tells how she feels about the baby’s death.
Young children

Kaldhol, Marit, & Oyen, Wenche
_Goodbye Rune_, Kane/Miller, 1987
Parents help a grieving child when her friend drowns.
Ages 5-12
Kubler-Ross, Elizabeth
This book describes the story of love and faith between two children as they deal with death.
Ages 5-10

Park, Barbara
*Mick Harte Was Here*, Knopf, 1995
A sister faces the sorrow of losing her brother from a bicycle accident when he was not wearing his helmet. Addresses guilt and proactive prevention.
Ages 7-13

Paterson, Katherine
*Bridge to Terabithia*, Crowell, Newberry, 1978
Shows the struggle faced by an eleven year old boy when his best friend dies. Includes his denial, bargaining, guilt, eventual acceptance and reintegration.
Ages 7-13

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**Death of an Adult**

Bunting, Eve
*The Memory String*, Clarion, 2000
When Laura loses a bead from the necklace of memories that recalls her deceased mother, her stepmother Jane finds it. Laura learns how others share her loss.
Ages 7-12

Cavin, Vicky
*A Chair Full of Heart*, Hara, 1998
Daughter whose mother is dying of cancer relates strategies by which both meet her death with love. A read-aloud book illustrated with three generations of women.
Ages 7-12

Clifton, Lucille
*Everett Anderson’s Goodbye*, Henry Holt, 1983
Award-winning poetic story of how a young boy moves through all the stages of grieving, especially anger, when his father dies. For any young child dealing with death.
Ages 3-8

Frost, Dorothy
*DAD! Why’d You Leave Me?*, Herald Press, 1992
10-year old Ronnie cannot understand why his father died. Demonstrates questions children feel with loss.
Ages 8-12
Gregory, Alisha
*Through the Mickle Woods*, Little, Brown, 1992
Three stories shared between a widower and a child show moving from grief towards healing.
Ages 7-12

Jordan, Mary Kate
*Losing Uncle Tim*, Albert Whitman, 1993
Tenderly shows the affection shared between an adult and child as the adult’s health declines from AIDS.
Ages 5-12

Jukes, Mavis
*Blackberries in the Dark*, Knopf, 1985
After the death of his grandfather, Austin and his grandmother create new memories while holding onto old ones.
Grades 3-6

Klein, Lee
*The Best Gift for Mom*, Paulist Press, 1995
Jonathan’s special Christmas gift for his mom demonstrates how love and concern can help any family to carry on and thrive.
Ages 7-12

Lanton, Sandy
*Daddy’s Chair*, Kar-Ben Copies, Reprint 2001
Poignant family encounter in grieving the loss of a father through dialogue with an inquisitive child and sensitive mother.
Compassionately illustrates Jewish Shiva week.
Ages 6-10

Levine, Jennifer
*Forever In My Heart*, Compassion Books, 1992
A sensitive story to help children be involved as a parent passes away.
Ages 6-10

Lowden, Stephanie
*Emily’s Sadhappy Season*, Centering Corporation, 1993
Book portrays a young girl’s feelings following her father’s death.
Ages 5-10

Marshall, Bridget
*Animal Crackers: A Book About Death & Funerals & Love*,
Centering Corporation, 1997-98
This book explores aging, memory loss and a special kind of love when a young child’s Nanny must go to a nursing home and later dies.
Grades 3-6
Thaut, Pamela

_Spike and Ben_, Health Communications, 1991
The story of how a boy helps a friend following the death of his mom.
Ages 5-8

_Behr, Mary

_If Nathan Were Here_, Eerdman Books, 2000
A boy has lost his best friend. His teachers suggest making a memory box to remember his friend.
Grades K-3

_Baugher, Bob, Ph.D.; Garl, Linda Wong; & Baugher, Kristina J._

_Death Turns Allie’s Family Upside Down_, Caring People Press, 1999
Gives observations of the family’s pet cat Allie as they deal with the Grandmother’s sudden death. It includes information on how to begin conversations with children and is in a church setting with casket funeral.
Grades K-6

_Blackburn, Lynn B._

_Clасс in Room 44_, Centering Corp, 1991
This story describes reactions of children when their friend is killed in a car accident.
Grades 1-6

_Byars, Betsy

_Good-bye Chicken Little_, Harper Collins, 1990
Jimmy Little is scared ever since his father died. He nicknames himself “Chicken Little.” Then he sees his Uncle die. With the help of his wacky family, he learns to celebrate their lives and chase away “Chicken Little”.
Grades 1-4

_L’Engle, Madeline

_A Ring of Endless Light_, Dell Laurel-leaf, 1976
The cycle of life and death becomes a difficult burden for sixteen year old Vicky Austin as she watches her grandfather who is dying from cancer.
Grades 6-8

_Spelman, Cornelia

_After Charlotte’s Mom Died_, Albert Whitman & Company, 1996
Charlotte’s mom died six months earlier in a car accident. This story depicts how she struggles with her emotions and ways she learns to express them.
Grades K-2
General -Understanding Loss

Ancona, George  
**Pablo Remembers**, Lothrop, Lee & Shepard Books, 1993  
This is a beautifully illustrated book depicting the Mexican festival of the Day of the Dead, celebrating loved ones’ lives each year.  
Ages 6-12

Buscaglia, Leo  
**Fall of Freddie the Leaf**, Holt, Rinehart, Winston, 1982  
Gives a visual picture of life cycles, including death.  
Ages 3-7 or all ages

Campbell, J. A.  
**The Secret Places**, Centering Corporation, 1992  
This is the story of Ryan’s journey through grief. Gives an in-depth look at childhood grief for adults working with children.  
Ages 6-12

Dodge, Nancy  
**Thumpy’s Story: The Story of Grief and Loss Shared by Thumpy the Bunny**, Prairie Lark Press, 1994  
A great resource for children depicting the story of Thumpy’s sister who was not strong enough to continue living.  
Ages 5-12

Goldman, Linda  
**Children Also Grieve**, Jessica Kingsley Publisher, 2005  
Story of young children and the death of their grandfather as told by two Tiberian terriers. Has section for adults to help children.  
Ages 3 & Up

Hanson, Warren  
**The Next Place**, Waldman House Press, 1997  
A comforting journey where earthly hurts are left behind, above all a celebration of life.  
Preschool and up

Joslin, Mary  
**The Goodbye Boat**, Lion Publishing, 2005  
Provides the message that good-byes are painful, but there is hope that comfort will return and that death may bring a brighter place. Use to start discussions.  
Families
Simon, Norma

*The Saddest Time*, Albert Whitman & Company, 1986

Three stories of how children deal with the death of someone close: a classmate in a car accident, an uncle and a grandfather. Through words and multicultural drawings, children learn to express caring and concern.

Grades Pre-6

Van Ommen, Silvia

*Jellybeans*, Roaring Brook Press, 2002

Two friends meet at the park and one of them brings jellybeans. The two friends talk about what heaven might be like and if they will see each other there.

Grades Pre-4

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**Death of a Pet**

*Books dealing with the death of a pet can facilitate not only the encounter of the pet’s death, but that of any loved one.*

Brown, Margaret W.

*The Dead Bird*, Harper Trophy Ed, Reprint 2007

Provides images of sorrow and innocence as children hold services for a dead bird.

Ages 3-8

Harris, R.


This sensitive book shows the sadness of a boy after the death of his pet mouse and how the family joins to grieve and celebrate the mouse’s life.

Ages 4-7

Rosen, Michael J.

*Bonesy and Isabel*, Harcourt Brace, 1995

A family surrounds a dying pet with love, and finds room to love another pet.

Ages 3-9

Rylant, Cynthia

*Dog Heaven*, Blue Sky, 1995

Colorfully depicts a joyful afterlife while acknowledging a survivor’s pain.

Ages 4-7

Varley, Susan

*Badger’s Parting Gifts*, Lothrop, Lee & Shepard, 1984

Pictures a tunnel of death with gifts left by the departed pet.

Ages 4-9
Viorst, Judith  
*The Tenth Good Thing About Barney*, Atheneum, 1971  
Provides a positive model for remembering and grieving.  
The child is renewed.  
Ages 5-9

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**NON-FICTION BOOKS FOR CHILDREN & FAMILIES**

MacGregor, Molly  
*The Sky Goes On Forever*, Daun Horse, 1989  
Ideal book to give any child who has lost someone close to them or has wondered about death. It answers questions such as what are living and dying things, why does everyone die, and others.  
Ages 4-9

O‘Toole, Donna  
*Aarvy Aardvark Finds Hope*, Compass Books, 1989  
Story to help young children find hope after a loss.  
Ages 4-9

Sheppard, Caroline  
*Brave Bart*, TLC, 1998  
This is an appropriate story for children who have been traumatized and are grieving.  
Ages 5-8

Varley, Susan  
*Badgers Parting Gifts*, Harper Trophy, 1992  
Story to help young children understand the gifts they still have after loss.  
Ages 4-9

Viorst, Judith  
*The Tenth Good Thing About Barney*, Aladdin, 1971  
In affectionately recalling a dead pet, a child is renewed.  
Ages 3-7

White, E. B.  
*Charlotte’s Web*, Harper and Row, 1967  
The cycle of life and death are sensitively portrayed through the view of farm animals.  
Ages 6-12
Loss of a Parent

Akner, Lois

*How to Survive the Loss of a Parent*, Wm. Morrow, 1993
A guide for adults who are grieving the loss of a parent.
Adults

Bartocci, Barbara

The author gives a comprehensive overview from caring for a dying parent to finding new meaning beyond grief.
Adults

Bratman, Fred

*Everything You Need to Know When a Parent Dies*, Rosen, 1992
Written to help children face the problems of grieving over a myriad of circumstances—accident, illness, etc. Includes children’s diaries, dialogues, stories, and photos to encourage discussion.
Ages 6-11

Chethik, Neil

*Fatherloss: How Sons of All Ages Come to Terms with the Deaths of Their Dads*, Hyperion, 2001
Based on interviews, the author describes the way men deal with their fathers’ deaths.
Families, especially men

Commins, Patricia

*Remembering Mother, Finding Myself*, HCI, 1999
This book helps with the difficult emotions of loss and anger to acceptance and healthy relationships after loss of one’s mother.
Adults and Late Teens

Douglas, Eileen

*Rachel and the Upside Down Heart*, Price Stern Sloan, 1990
True story of four-year old Rachel and the effects of her father’s death.
Ages 5-9

Edelman, Hope

*Motherless Daughters*, Decapo Press, 2006
Answers the question, “How does the death of a mother affect a daughter’s childhood.” Expert opinions from psychologists, psychoanalysts, and experts in grieving.
Adults and teens
Gilbert, Richard B. & Sims, Darcie
_Finding Your Way after Your Parent Dies_, Ave Maria Press, 1999
Provides inspiration and hope for adults after a parent dies.
Adults

Jonah, Stephanie
_Transitions Along the Way_, Visions, 1999
A guide for children and young adults explaining the dying process.
Ages 8 and up

Kennedy, Alexandra
Author shares her own story of facing the loss of a parent and offers innovative strategies for healing and transformation.
Adults and teens

Krementz, Jill
_How It Feels When a Parent Dies_, Knopf, 1981
Eighteen sensitive yet honest dialogues with children 7-16 who have lost a parent. Photographs promote adult-child dialogue. Classic.
Ages 7-Adult

Leshan, Eda
Provides a sequence of concepts facilitating grieving, including stories of how children’s needs can be better met. Promotes growth.
Ages 8-Adult

Marshall, Fiona
_Losing a Parent_, Fisher, 1993
A guide to grieving the loss of a parent for grown offspring.
Adults

McNamara, Jill
_My Mom is Dying_, Augsburg Fortress, 1994
A young girl’s diary after learning her mom is dying. Contains discussion sections for parents.
Ages 5-9

Myers, Edward
_When Parents Die_, Penguin, 1997
Compassionate advice on coping with the death of a parent. Topics range from psychological responses, such as shock, depression, and guilt, to practical consequences.
Adults and Teens
Schuurman, D.  
*Never the Same: Coming to Terms with the Death of a Parent,* St. Martin’s Press, 2003  
Insight for those who have lost a parent as a child.  
Adults

Simon, Leslie & Johnson, Jan  
*A Music I No Longer Heard: The Early Death of a Parent,* Simon & Shuster, 2010  
Survivors describe their experiences in the loss of a parent.  
Teens & Adults

Smith, H. I.  
*On Grieving the Death of a Father,* Augsburg, 1994  
This resource gives comfort and hope, addressing special needs when a father dies.  
Adults & Late Teens

Taylor, Nick  
*A Necessary End,* Backinprint.com, 2000  
Taylor’s outlook towards his aging parents undergoes a transformation from obligation to love, expanding his understanding of his own life and mortality.  
Adults

Vigna, Judith  
*Saying Goodbye to Daddy,* Albert Whitman and Company, 1991  
This is a sensitive story of the healing that comes to a child following her dad’s death.  
Ages 5-8

Wakeman, Elyce  
*Father Loss,* Hyperion, 2001  
How a son can prepare for the death of a father, coping immediately after a loss, women’s role in helping, and the different ways men grieve are topics covered.  
Adults

Williams, Terry Tempest  
*Refuge,* Vintage, 1992  
Records simultaneous tragedies, a mother’s death from cancer and flooding of a bird sanctuary. Documents renewal and spiritual grace.  
Adults

Wolfelt, Alan  
*Healing the Adult Child’s Grieving Heart,* Companion Press, 2001  
Whether your parent died in middle or old age, whether the death was sudden or anticipated, this compassionate and easy-to-use resource will be helpful.  
Adults
Bernstein, Judith, Ph.D.
Describes the overwhelming journey for bereaved parents.
Adults

Bluebone-Langner, Myra
Descriptions of children when dying and the difficulties of their families.
Adults

Bramblett, John
*When Good-bye is Forever*, Ballantine Books, 1991
Ideas on learning to live again after the loss of a child by a bereaved father.
Adults

Bunting, Eve
*Rudi's Pond*, Clarion Books, 1999
A group of school children respond to the illness and death of the narrator’s best friend, Rudi, by helping to build a pond in his memory. Based on a true story.
Grades K-2

Coerr, Eleanor
*Sadako & The Thousand Paper Cranes*, Penguin, 1977
A ten year old Japanese girl has leukemia and, based on a legend, she starts to make paper cranes to help her during this time. Her friends continue to make them after she dies. Based on a true story.
Grades 3-6

Cosman, Mark
*In the Wake of Death*, Moyer Bell, 1996
Deals with surviving the loss of a child who was murdered.
Adults

Davis, Deborah L.
*Empty Cradle, Broken Heart: Surviving the Death of Your Baby*, Fulcrum, 1996
Helpful suggestions in dealing with death of a baby.
Adults

Delorbe, Shirley
*Too Young to be Angels*, iUniverse, 2007
Inspirational self-help guide shares how one mother maintained her stability and sanity when tested multiple times by grief and depression after the separate deaths of 3 of her 4 children.
Adult
Hancock, Bill  
*Riding with the Blue Moth*, Sports Publishing, 2006  
After his son died in a plane crash, a father gives an account of riding across the country on his bicycle in memory of his son.  
Adults

Heavilin, Marily Wallett  
This book discusses the sorrow after the sudden loss of a child from a drunk driver and the journey of the healing process, in addition to losing two other children.  
Adults

Hood, Ann  
This is a touching memoir about author’s daughter’s sudden death, grieving, and learning to love again.  
Adults & Families

Knapp, Ronald  
*Beyond Endurance: When a Child Dies*, AuthorHouse, 2005  
This book outlines steps to healing when a child dies.  
Adults

Kubler-Ross, Elizabeth  
*On Children and Death*, Collier/Macmillan, 1997  
Discussions for help and hope needed to survive dying or the death of a child.  
Adults

Livingston, M.D., Gordon  
*Only Spring: On Mourning the Death of My Son*, Marlowe, 2005  
A father’s story of a child’s gift of love, covering Lucas’ illness and death.  
Adults

Martin, Jennifer J.  
*Star Child*, iUniverse, 2006  
A mother’s journey through grief.  
Adults

Mitchell, Ellen  
*Beyond Tears: Living after Losing a Child*, St. Martin’s Press, 2005  
Poignant dialogues with parents who have lost children through various circumstances.  
Adults
Murray, Donald
*The Lively Shadow: Living with the Death of a Child*, Ballantine, 2003
This book covers parents mourning the loss of a child due to illness.
Adults

Rosof, Barbara D.
*The Worst Loss*, Owl/Holt, 1995
Ideas are given on healing after the death of a child.
Families

Sanders, Catherine
A guide to rebuilding life and filling the devastating emptiness after a death.
Adults

Schiff, Harriet Sarnoff
*Bereaved Parent*, Penguin, 1978
Sensitive information for grieving parents that is reassuring and consoling.
Adults, parents

Wolterstorff, Nicholas
*Lament for a Son*, Erdmans Press, 1987
Explores the feelings of bereaved parents from accidental death.
Adults

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**General Loss**
*(Including Family Members)*

Bell, Karen Whitley, RN
*Living at the End of Life*, Sterling Ethos, 2010
Bell, Hospice nurse, gives a comprehensive, insightful guide for the family and dying person, including advance directives.
Adults, Families & Terminally ill

Boritzer, E.
*What is Death?*, Veronica Lane Books, 2000
Through the presentation on various cultures and religions, the book introduces concepts of death.
Ages 7-13

Brett, D.
This is a series of stories that can be read to children under 10 who are dealing with many different issues, including death and divorce.
The author gives advice on how to use the stories.
Adults working with children 10 and under
Brown, L., & Brown, M.  
Practical guide helps children understand death and deal with their feelings.  
Ages 5-12

Carney, Karen  
This book gives important information on hospice for young children.  
Ages 3-7

Coloroso, Barbara  
*Parenting through Crisis*, Harper Resource Book, 2000  
This book offers compassionate ideas on helping to support children through emotional turmoil from loss, divorce, and other changes.  
Parents and Educators

Doka, Kenneth  
*Living with Grief: Children, Adolescents and Loss*, The Hospice Foundation of America, 2000  
This book offers varying perspectives and interventions for living with grieving children and adolescents.  
Adults

Doka, Kenneth  
*Children Mourning, Mourning Children*, Taylor & Francis, 1995  
This book is based on Hospice Foundation of America’s teleconference exploring children and grieving.  
Parents and Professionals

Dougy Center, The  
*What About the Kids? Understanding Their Needs in Funeral Planning and Services*, The Dougy Center, 1999  
This guide gives practical information explaining funerals and memorial services to children.  
Adults

Dougy Center, The  
Dougy Center provides many brochures and booklets to help children/students grieve.  
Children of all ages (English & Spanish resources)

Dougy Center, The  
*35 Ways to Help a Grieving Child*, Dougy Center www.dougy.org  
This guidebook gives practical suggestions to help children through loss, including special anniversaries and holidays.  
Adults working with children
Dougy Center, The
*Helping Children Cope with Grief*, Dougy Center www.dougy.org
This guidebook gives a comprehensive overview to help children grieve.
Adults working with children

Eldon, Kathy & Eldon, Amy
Book has illustrations and quotations encouraging people to remember loved ones. There are pages for thoughts, drawings, clippings, and photos.
Families

Ferguson, D.
*A Bunch of Balloons*, Centering Corporation, 2006
This resource helps grieving children understand what they still have after someone dies.
Ages 5-8

Fitzgerald, Helen
Well-organized guide for helping children through the grieving process.
Adults and children

Fitzgerald, Helen
This is a comprehensive resource helping families compassionately cope with death and dying. It covers grief, murder, and suicide.
Families

Fox, S.
This is an excellent resource to help adults working with grieving children who have lost a friend.
Adults

Fry, Virginia Lynn
*Part of Me Died, Too*, Dutton Children's Books, 1995
Eleven true stories about children/adolescents who faced the death of a loved one, and how they began to rebuild.
Grades 3-8

Goldman, Linda
*Breaking the Silence*, Taylor & Francis, 2001
Comprehensive, practical resource for working with young people on issues of complex grief—suicide, homicide, abuse, violence, and AIDS.
Adults & Professionals
Goldman, Linda

Practical guide for parents and mental health professionals working with children and teens, providing techniques, words to use & bibliography.
Adults & Professionals

Goldman, Linda

Raising Our Children to be Resilient, Taylor & Francis, 2005
Resource for traumatic grief. Includes interventions, children’s work, and ideas to support children and teens.
Adults & Professionals

Greenlee, Sharon

When Someone Dies, Peachtree, 1992
Brings a peaceful picture to the rollercoaster of emotions a child or adult feels, including writing and drawing.
Ages 3-adult

Grollman, Earl

Explaining Death to Children, Beacon Press, 1967
Adults

Grollman, Earl

Talking About Death, Beacon Press, 2011
Includes a dialogue to read-a-long with a younger child.
Ages 4-8

Hanson, Warren

The Next Place, Waldman House, 1977
A reverie to be read aloud with children by adults. Illustrated.
Ages 8-Adult

Heegaard, Marge

Saying Goodbye to Your Pet, Fairview Press, 2001
This is a workbook for children to work through their feelings after their pet dies.
Ages 5-10

Hospice of America

Supporting Your Friend Through Illness and Loss, HFA, 2005
This brochure gives ideas and advice in helping family and friends, including what to say.
Adults
Hospice of Spokane
*Children's Grief: A Resource Guide*, Hospice of Spokane
This guide gives basic information on areas of concern and ways to help children from preschool through adolescence.
Families

Hospice of Spokane
*Guide to Bereavement and Grief*, Hospice of Spokane
This guide covers various types of grief, loss, and areas of concern.
Adults & Families

Huntley, Theresa
*Helping Children Grieve When Someone They Love Dies*, Augsburg, 2002
Helping children understand and grieve when someone they love dies. Sensitive.
Ages 4-10

James, John W.
*When Children Grieve*, Harper Collins, 2001-02
The author offers a cutting edge volume to free children from the idea of not ‘feeling bad’ and to empower them with positive, effective methods of dealing with loss.
Children with adults

Johnson, Joy & Johnson, Marvin
*Tell Me, Papa*, Centering Corporation, Revised 2005
This book gives a clear explanation of children’s feelings on death, funerals, and burials.
Ages 5-10

Johnson, Joy & Johnson, Marvin
*Where’s Jess*, Centering Corporation, 1982
This book covers feelings and questions children have when a sibling dies.
Ages 4-8

Katafiasz, Karen
*Grief Therapy*, One Caring Place/Abbey Press, Revised 2004
Concepts cover the grieving process, which need time and attention. Reassures transforming healing comes through grieving. Illustrated.
Ages 5-adult

Kroen, William
Weaving in anecdotes about real children and their families, the author explains how children from infancy through age 18 perceive and react to death.
Adults with children
Kubler-Ross, Elizabeth

_**On Death and Dying,**_ Scribner, 1969
With sample interviews and conversations, the author gives the reader a better understanding of how imminent death affects the patient, the professionals who serve the patient, and the patient’s family.

Adults & Families

Mellonie, Bryan & Ingpen, Robert

_**Lifetimes,**_ Children Bantam, 1983
A pet, a friend, or a relative dies and it must be explained to a child. This sensitive book is a useful tool in explaining that death is a part of life. Analogies and illustrations with plants and animals.

Children

Munsch, R.

_**Love You Forever,**_ Firefly Book, 1983
Depicts growth and aging through generations of families, and how their love survives.

Ages 3 and up

Neeld, Elizabeth

In this compassionate, caring guide, the author tells of her own loss, along with the stories of over sixty other individuals.

Young adults & Adults

Noel, Brook & Blair, Pamela, Ph.D.

_**I Wasn’t Ready to Say Goodbye,**_ Sourcebooks, 2008
Surviving, coping and healing after the sudden death of a loved one. A comforting and easy-to-read book, covering what to expect the first few days, months, and later after loss, and how various types of losses affect us differently.

Adults

Noel, Brook & Blair, Pamela D., Ph. D.

_**I Wasn’t Ready to Say Goodbye, Companion Workbook,**_ Sourcebook Trade, 2008
This workbook follows on after the book of the same name, helping the readers analyze their feelings and put their fears and thoughts in writing. This helps through the stages considered “grief work.”

Adults

Richter, Elizabeth

_**Losing Someone You Love,**_ Putnam, 1986
When a brother or sister dies—15 interviews, primarily with adolescents, describing their feelings when a sibling died. Compelling voices who model different ways to address pain. Photos.

Ages 10-Adult
Roberts, J. & Johnson, J.  
*Thank You for Coming to Say Goodbye*, Centering Corporation, 1994  
This book is for professionals, parents, funeral directors and other caring adults suggesting ways to involve children in the services.  
Parents & Professionals

Romain, Trevor  
*What on Earth Do You Do When Someone Dies?*, Free Spirit, 1999  
This book describes the overwhelming emotions involved in dealing with the death of a loved one, and discusses how to cope with such a situation.  
Young adults & Adults

Romond, Janis  
*Children Facing Grief*, Abbey Press, 1989  
This book gives hope as bereaved siblings express their feelings through letters.  
Ages 6-14

Salloum, Alison  
This is a workbook for young people experiencing trauma and grief.  
Ages 6 and up

Schaeffer, Dan & Lyons, Christine  
*How Do We Tell the Children?*, New Market Press, 2002  
Guide to help adults explain loss and grieving to children.  
Ages 3-9 with adults

Schaefer, G.J.  
*Widowers Toolbox: Repair Your Life after Losing Your Spouse*, New Horizon Press, 2010  
The author shares his own personal experiences recovering and nurturing two sons after living through, coping with, and ultimately healing from the pain of losing his wife.  
Adult

Schwiebert, Pat  
*Tear Soup: A Recipe For Healing After Loss*, Grief Watch, 2005  
Book validates grief experience and can be used with children.  
Has recipes at end.  
Adults & Families

Sims, Alicia  
*Am I Still A Sister?*, Big A and Company, 1988  
This book describes the feelings and reactions when an eleven-year old’s baby brother dies.  
Ages 8-12
Sittser, Gerald L.  
Describes growth through the loss of family members/loved ones.  
Adults

Staudacher, Carol  
A guide for men who are struggling with the death of anyone close to them.  
Young Adults & Adults

Techner, David & Hirt-Manheimer, Judith  
This book for children explains Jewish funeral and burial customs.  
Ages 7-12 with Adults

Temes, Roberta  
A child’s guide through grief, encouraging expression of feelings as it tells of a boy’s older sister dying.  
Ages 5-10 and Families

Wallbank, Susan  
*Facing Grief: Bereavement & The Young Adult*,  
Lutterworth Press, 1991  
This book frankly discusses the effects of bereavement on young adults.  
Young Adults

**LOSS OF A GRANDPARENT**  
**FICTION / NONFICTION**

Aliki  
*The Two of Them*, Mulberry Books, 1987  
Relationship of child with grandparents, Illustrated.  
Ages 3-9

Barron, T. A.  
*Where is Grandpa?*, Philomel, 2000  
A young boy, in dialogue with his father, discovers how to deal with loss through healing memories.  
Ages 5-9
Burningham, John
   *Grandpa*, Crown, 1984
   Joyous images of moments shared with grandfather with an empty chair at the end.
   Ages 4-7

Casely, Judith
   *When Grandpa Came to Stay*, Greenwillow, 1986
   A grandson helps his grandfather grieve the loss of his grandmother, with memories and tears.
   Ages 3-7

Choi, Yangsook
   *Behind the Mask*, Frances Foster Books/FSG, 2006
   Korean and American folk traditions thread together a story about a boy who finds a link to his grandfather behind a Korean mask made by him.
   Ages 4-10

Clifford, Eth
   *The Remembering Box*, Houghton Mifflin, Reprint 1992
   Gently depicts the demise of a grandmother up to the moment of death, with cherished memories left behind.
   Ages 5-9

de Paola, Tomie
   *Nana Upstairs and Nana Downstairs*, Putman, Revised 2000
   Lovingly shows the care given an aging grandmother by her family, including children, before she dies. Depicts traditions and memories.
   Ages 3-8

Fassler, Joan
   Young boy deals with the death of his grandfather and finds courage with his help.
   Ages 4-7

Forward, Toby
   *Traveling Backward*, Dutton, 1994
   Humorous journey of a grandfather back to childhood due to his grandson’s unwillingness to see him die. Both eventually see the appropriateness of death.
   Ages 7-11

Hines, Anna G.
   *Remember the Butterflies*, Dutton, 1991
   Shows how a grandfather has taught a reverence for life which lasts beyond his death. Garden Setting.
   Ages 4-8
Holden, L. Dwight
*Gran-Gran’s Best Trick*, Magination Press, 1989
This book deals with cancer, treatment, and death of a grandparent.
Ages 6-12

Liss-Levinson, Nechama
This child’s memory book deals with Shiva and the following years.
Ages 8-12

McLaughlin, K.
*The Memory Box*, The Centering Corporation, 2001
This delightful story tells the transformation of a grandson grieving his grandfather by turning his fishing box into a memory box.
Ages 4-9

Pomerantz, Barbara
*Bubby, Me, and Memories*, Union of American Hebrew Congregation, 1983
After his grandmother dies, child is helped and questions answered.
It is a good resource for Jewish customs.
Ages 4-8

Robinson, Aminah & Fox, Mem
*Sophie*, Harcourt Brace, 1997
Sophie feels alone following her grandfather’s death.
Ages 3-7

Thomas, Jane Resh
*Saying Goodbye to Grandma*, Clarion, 1990
Illustrates the events faced by a family when a loved one dies, from a child’s point of view, with dialogue regarding wishes, doubts, fears.
Ages 6-10

Thornton, Terence
*Grandpa’s Chair*, Multnomah Press, 1988
Covers a boy’s last visit to his grandfather, their love for each other, and his death.
Ages 4-8

Yolen, Jane
*Grandad Bill’s Song*, PaperStar, 1998
A young boy finds his own feelings after family and friends talk about memories.
Ages 4-9
Zolotow, Charlotte
*My Grandson Lew*, Harper & Rowe, 1974
Shows the valuable communication between the living and dying that a child remembers years after the occurrence of death.
Ages 4-8

**INTERMEDIATE & MIDDLE SCHOOL**

Banks, Kate
*Friends of the Heart*, FSG, 2005
While at her grandparents' Italian home, Lucrezia must deal with a changing friendship and personal tragedy.
Ages 10-14

Brisson, Pat
*Sky Memories*, Delacorte Press, 1999
Emily is 10 when her mom is diagnosed with cancer and 11 when she dies.
Ages 9-13

Bryant, Jen
*Pieces of Georgia*, Knopf, 2006
Through journaling, thirteen-year old Georgia describes her grieving process in the loss of her mother. She discovers new friends and artistic talent in herself similar to her deceased mother’s.
Ages 8-13

Fletcher, Ralph
*Fig Pudding*, Clarion, 1995
Shows how a family grieves a first Christmas after a son dies, depicting pain, conflicts, changes, surprises, and bonding.
Ages 8-13

Friedman, D. Dina
*Playing Dad’s Song*, FSG, 2006
Story of Gus’ pain with the loss of his father on 9-11-01, plus dealing with the school bully, and his friend moving. He forges a path toward acceptance and remembrance with his music teacher’s help.
Ages 10-14
Greene, C. C.
*Beat the Turtle Drum*, Viking, 1976
Pictures a sister’s, a family’s, and a neighborhood’s grief and initial recovery as a daring younger sister reaches a goal just before her death.
Ages 8-13

Hamilton, Virginia
*Cousins*, Philomel, 1997
Portrays a cousin’s thoughts, including guilt, when she witnesses a cousin die accidentally. Adults and children learn to cope with loss more effectively.
Ages 9-13

Henkes, Kevin
*Words of Stone*, Greenwillow, 1992
Shows how an adolescent girl angry at her mother’s abandonment befriends a boy whose mother has died of cancer. Empathy and understanding grow.
Ages 10-14

Howard, Ellen
*The Tower Room*, Atheneum, 1993
Portrays a girl’s anxieties in moving in with an aunt and grandfather after her mother’s death. She discovers her mother’s death was not a punishment and accepts love.
Ages 10-14

Park, Barbara
*Mick Harte Was Here*, Yearling Press, 1996
Story of the grieving process of a friend after Mick was not wearing his bike helmet.
Ages 10-14

Rylant, Cynthia
*Missing May*, Orchard Books, 1992
Sensitively shows the grieving and initial healing of an orphan girl and her uncle after aunt’s death.
Ages 8-13

Smith, Doris Buchanan
*A Taste of Blackberries*, Big A & C (Harper Collins), 1992
No one, least of all his best friend, dreamed that Jamie’s exuberance and a harmless prank could end in his sudden death. When it does, his friend must find the strength to bear his grief and his feeling that he might have saved his friend.
Ages 7-13
Thesman, Jean

*Nothing Grows Here*, Harper Collins, 1994
Family rebuilds after the father’s unexpected death—through eyes of a 12-year-old.
Ages 10-14

Walker, Alice

*To Hell With Dying*, Harcourt Brace, 1967
A beautifully illustrated book that follows the dying and death of a loving neighbor who is an alcoholic and diabetic. Narrated by a young girl from her grade school years through college. Her reflections mirror her growing acceptance of death.
Ages 8-12

Whelan, Gloria

12-year old Lilly struggles with her feelings following her dad dying in the river.
Ages 9-13

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**BOOKS FOR TEENS**

Bode, Janet

*Death is Hard to Live With*, Bantom, 1995
Teenagers talk openly on how they cope with loss.
Teens

Douggy Center, The

*Helping Teens Cope with Death*, Douggy Center, 1999
This guide helps concerned, caring adults work with grieving teens.
Adults with Teens

Dower, Linda

*I Will Remember You*, Scholastic Paperbacks, 2001
This is a guide book for grieving teens when a loved one dies.
Teens & Young Adults

Fitzgerald, Helen

*The Grieving Teen*, Fireside, 2000
Compassionate guide covering a wide range of situations dealing with grieving a death. It addresses difficult emotions and new situations.
Teens
Gootman, Marilyn E.  
*When A Friend Dies*, Free Spirit Press, 2005  
Easy to use question and answer format with quotations from teens.  
Teens

Gravelle, Karen & Haskins, Charles  
*Teenagers Face to Face With Bereavement*, Universe (Simon & Schuster), 2000  
17 adolescents tell their stories, touching on guilt, anger, depression, feeling suicidal, school, holidays, and more.  
Teens

Griffin, Peni  
*The Music Thief*, Henry Holt, 2002  
Story of Alma finding hope and easing her pain through music after her brother’s murder.  
Teens

Grollman, Earl A.  
*Bereaved Children and Teens*, Beacon Press, 1995  
This book serves as a guide to help children and teens after the death of someone they know.  
Older Teens, Professionals, Adults

Grollman, Earl  
*Straight Talk About Death for Teenagers*, Beacon Press, 1993  
The book validates teens’ painful feelings after a loved one dies and helps teens go forward with life.  
Teens & Young Adults

Kolf, June  
This book give firsthand accounts of experiences on teen grief.  
Teens

Richter, Elizabeth  
*Losing Someone You Love—When a Brother or Sister Dies*, Putnam, 1986  
15 adolescents describe their various responses to the loss of a sibling.  
Photos.  
Teens

Taisman, Enid Samuel  
Book gives ideas on letter, song, and poem writing to help use creativity in grieving.  
Teens
Wolfelt, Alan

This book was written to help teens understand and deal with grief. Teens & Young adults

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**SUICIDE, HOMICIDE, 9-11, & OTHER TRAUMA**

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**Suicide**

Aarons, Leroy

*Prayers for Bobby*, Harper, 1995
Provides many dimensions for understanding suicide, including homosexuality.
Late Teens & Adults

Alvarez, A.

*The Savage God*, W. W. Norton & Co., 1971
Historical, literary, and philosophical dimensions of suicide.
Adults

Archibald, LaRita

*Finding Peace without All the Pieces: After a Loved One’s Suicide*, Larch Pub. 2012
The book covers understanding mental illness, grief and healing from a suicide, stigma, family survival, and more.
Adults & Families

Arrington, Candy Neely & Cox, David

*Aftershock: Help, Hope and Healing in the Wake of Suicide*, Bitt Publishing Group, 2003
A recovery book that will provide encouragement and support for survivors. Examines the complex emotions when grieving a suicide and lets readers know they are not alone in their grief or healing.
Adults & Families

Baugher, Bob, Ph.D. & Jordan, Jack, Ph.D.

*After Suicide Loss: Coping with Your Grief*, Self Published, 2012
This concise book guides family members through reactions and events that often occur after a suicide, both the first year and beyond.
Adults and Families

*Obtain through b_baugher@yahoo.com*
Bolton, Iris

*My Son, My Son...,* Bolton, 1996
A mother describes her son’s suicide and the recovery process.
A useful checklist on how to cope is included.
Families

Bornstein, Kate

*Hello Cruel World: 101 Alternatives to Teen Suicide*,
Random House, 2006
Through humor and understanding, the author presents her views and ingenuity.
Adults & Late Teens

Cammarata, Doreen

This book is for caring adults and child survivors of suicide.
Ages 5-9

Chilstrom, Corinne

*Andrew, You Died Too Soon*, Augsburg Fortress, 1993
An adopted son commits suicide, leaving his Christian family in grief.
Families

Cobain, Beverly & Larch, Jean

*Dying to be Free: A Healing Guide for Families After a Suicide*,
Hazelden Foundation, 2006
Clear, readable, touching and informative. Written primarily for survivors of suicide, it would also be beneficial for people to help suicidal friends or family recognize problems or even address their own suicidal feelings.
Older Teens & Adults

Collins, Judy

Uplifting and compassionate book on how to recover from the effects of suicide and other tragedies. Truth, Trust, Therapy, Treasure, Thrive, Treat, and Transcend are Ms. Collins road to recovery.
Adults & Professionals

Colt, George Howe

*November of the Soul: The Enigma of Suicide*, Scribner, 2006
Thorough academic book is good for study, but not as helpful for those experiencing loss. An essential book for any library on suicide, the table of contents and index are well organized and complete.
Professionals
Crook, Marion
*Out of the Darkness: Teens Talk About Suicide,* Arsenal Pulp Publ. Ltd., 2009
The author stresses talking of suicide can no longer be a taboo. Through interviews she discusses causes including bullying, peer pressure, and issues of difference.
Teens & Adults

Douggy Center, The
*After a Suicide Death: An Activity Book for Grieving Kids,* This book gives ideas to help children deal with a suicide loss through activities, creativity, and expression
Ages 5-12

Fields, Terri
*After the Death of Anna Gonzales,* Henry Holt, 2002
Poems by students and faculty giving insight into their lives after a teen suicide.
Teens & Adults

Fine, Carla
*No Time to Say Goodbye,* Doubleday, 1997
A wife describes her loss and the after-effects of her husband’s suicide.
Adults

Gardner, Sandra
*Teenage Suicide,* Julian Messner Publisher, 1992
Covers some causes of teenage suicide and gives possible solutions. Helps those who are grieving loss from suicide to understand.
Late Teens & Adults

Garland, Sherry
*I Never Knew Your Name,* Ticknor & Fields, 1996
A boy tells of the suicide of another boy whose name he did not know.
Ages 6-11

Glover, Beryl S.
*The Empty Chair: The Journey of Grief After Suicide,* In-Sight Books, 2000
In 1983 the author lost her brother and daughter to suicide within three weeks of each other. This book describes and offers guidance for each emotion and issue felt following a suicide.
Adults & Families

Goldman, Linda
*Bart Speaks Out on Suicide,* WPS (California), 1998
This is an interactive storybook for children on suicide. It serves as a memory book for their person who died and also gives words for the way the person died.
Ages 5-10
Grollman, Earl & Malikow, M.

*Living When a Young Friend Commits Suicide*, Beacon Press, 1999
This book covers some reasons some people die from suicide and ways to talk about it.
Teens & Adults

Hays, Heather

*Surviving Suicide: Help to Heal Your Heart*,
Brown Books Publishing, 2005
A collection of letters written to dead loved ones by those who have lost family or friends to suicide. This will not take the place of support groups and/or real interaction in community, but it does offer simple day-to-day ways to move through grief.
Older Teens & Adults

Heath, Pamela Rae & Klima, Jon

*Suicide: What Really Happens in the Afterlife?*,
North Atlantic Books, 2006
Channeled conversations with the dead.
Adults

Hewett, John H.

*After Suicide*, Westminster/Knopf, 1980
Christian theme. Covers bereavement, moral and ethical aspects for people responding to suicide of a loved one.
Adults

Hsu, Albert Y.

*Grieving a Suicide: A Loved One’s Search for Comfort, Answers & Hope*, Intervarsity Press, 2002
The author’s father died by suicide after becoming depressed following a stroke. He explores the many questions surrounding suicide and addresses the topic of forgiveness.
Adults & Families

Jamison, Kay Redfield

Weaving together an historical and scientific explanation of suicide with personal essays on the subject, the author brings her remarkable compassion and literary skills to give insight on this difficult area.
Adults & Young Adults

Jordan, John & McIntosh, John (Eds.)

*Grief After Suicide: Understanding the Consequences and Caring for the Survivors*, Routledge New York, 2010
This volume provides an up to date summary of needed information for professionals to help families and peers after a suicide.
Professionals
Lukas, Christopher & Seiden, Henry M.
Silent Grief, Jessica Kingsley Publisher, 2007
Includes information on survivors of suicide, PTSD, bipolar disorder—good overview.
Adults

Marcus, Eric
Why Suicide, Harper Collins, 1996
Author attempts to answer many of the most frequently asked questions about suicide.
Older Teens & Adults

McDaniel, Lurlene
When Happily Ever After Ends, Bantam Books, 1992
Book talks about a teen’s struggle after her father’s suicide.
Teens & Adults

Myers, Michael, M. D. & Fine, Carla
Touched by Suicide, Penguin, 2006
Defines problem from survivor’s perspective/experiences (Fine’s), then Dr. Myers discusses it from a clinical reality. Compassionate and practical advice.
Adults

Nelson, Richard E., Ph. D. & Galas, Judith C.
The Power to Prevent Suicide, Free Spirit Press, 2006
A guide for teens helping teens.
Adults and Teens

Norton, Yuri E.
Dear Uncle Dave, Shirley Baldwin Waring, 1993
This story is written by a fourth grader giving memories about her Uncle Dave and his suicide.
Ages 6-10

Robinson, Rita
Survivors of Suicide, Nonfiction, New Page, Revised 2001
Contains details on teen suicide and help available. Dispels myths surrounding suicide.
Adults and teens

Ross, Eleanora Betsy
After Suicide, DaCapo Press, 2002
A ray of hope for those left behind. An insightful look into a survivor’s self-revelations with steps suggested for recovery.
Adults
Rubel, B.  
*But I Didn’t Say Goodbye*, Griefwork Center, 2009  
This book is for parents and professionals to help child suicide survivors.  
Professionals & Adults

Sandefer, K.  
*Mom, I’m All Right*, Sanders Printing, 1990  
A mother whose child died by suicide gives helpful advice and warnings.  
Adults & Professionals

Sands, Diana  
*Red Chocolate Elephants (book & DVD)*,  
Karridale Pty, Ltd. (Australia), 2010  
The book and DVD provide text, pictures, and voices helping children  
with their parents’ assistance facing suicide of a loved one.  
Children & Families

Slaby, Andrew, M. D. & Garfinkel, Lili F.  
*No One Saw My Pain*, Norton, 1994  
Insight into the pain that is and is not recognized before teen suicide.  
Adults & Professionals

Smolin, Ann & Gurian, John  
*Healing after the Suicide of a Loved One*, Fireside, 1993  
This book is filled with case studies and a list of suggested readings  
along with a directory of suicide support groups nationally.  
Young adults & Adults

Sowers, Lou, Ph.D.; Quinnett, Paul, Ph.D.; & Bratcher, Kevin, MS, CEA  
*Helping A Child Survive A Suicide Crisis*, qpr Institute, 1997  
This brochure outlines steps parents/adults can take to help children  
through a suicide crisis or one who is exposed to suicide.  
Adults working with children  
Obtain through www.qprinstitute.com

Stickel, Leslie  
*Hope Defined*, Self Published, 2010  
Author discusses healing after her mother’s suicide, suicide awareness,  
and prevention.  
Adults  
Book may be obtained through www.auntiesbooks.com

Stimming, Mary & Maureen  
*Before Their Time: Adult Children’s Experiences of Parental Suicide*, Temple University Press, 1999  
Honest, first-person accounts by adult daughters and sons of the impact  
of a parent’s suicide on them and their families.  
Adults & Families
Wolfelt, Alan
*The Understanding Your Suicide Grief Journal,* Companion Press, 2009
This book helps the grieving person examine the 10 essential steps to find healing and hope.
Adults

Homicide

Aub, Kathleen
*Children Are Survivors Too,* Grief Education Enterprises, 1995
This is a collection of stories by children and teenagers discussing their journeys as homicide survivors.
Ages 6 through Teens

Baughler, Bob Ph.D.; & Cox, Lew, Victim Advocate
*Coping with Traumatic Death: Homicide,* Self Published, 2009
This book is for the loved ones and families of murder victims. It covers reactions and suggestions to help families and contains the personal story from Mr. Cox, whose daughter was murdered. Available in Spanish.
Adults and Families Obtain through b_baughler@yahoo.com

Blume, Judy
*Tiger Eyes,* Macmillan Children’s Group, 2005
Explains how a 15-year old resolves his feelings after his father’s murder during a robbery.
Ages 11 and up

Bucholz, Judie A., Ph.D.
This book is about families who have faced murder and how they’ve dealt with the trauma of their loss.
Adults & Families

Dougy Center, The
*After a Murder: A Workbook for Grieving Children,*
The Dougy Center, 2002
This interactive workbook is for children dealing with the many aspects surrounding a murder.
Ages 8-12

Gayton, Richard R. & Williamson, Amianne
*The Forgiving Place: Choosing Peace After Violent Trauma,* WRS Publ., 1995
The author’s wife was murdered in their home during a robbery.
This book concentrates on handling the emotional legacy of intentional violence.
Adults
Hendriks, J.; Black, D.; & Kaplan, T.
*When Father Kills Mother*, Routledge, 1993
The authors combine their knowledge of bereavement and PTSD to help children who have witnessed extreme violence.
Professionals & Adults

Jenkins, B.
*What to Do When the Police Leave*, WPJ Press, 1999
This is a guide to the days following a traumatic loss from homicide.
Adults

Kagan, H.
*Gili’s Book*, Teacher’s College Press, 1998
This book tells of a mother’s grief after her daughter Gili’s sudden death.
Adults

Lorbiecki, Marybeth
*Just One Flick of the Finger*, Dial Books, 1996
Story of a young boy who takes a gun to school and accidentally shoots a friend.
Ages 6-10

Mahon, K. L.
*Just One Tear*, Lothrop, Lee, and Shepard, 1992
This is the actual account of a teenage boy witnessing the fatal shooting of his father, what he deals with emotionally, the trial, and outcome.
Ages 10-15

Other Traumatic Loss
*(Including 9-11)*

Lord, Janice H.
*No Time for Goodbyes*, Compassion Press, 2006
Book provides important guides for survivors whose loved one was killed.
Adults

Powell, Sandy
*Geranium Morning*, Lerner Publ., 1991
One boy’s dad dies in a car accident and a girl’s mom is dying. They share their feelings.
Ages 6 and up

Schupp, Linda, Ph.D.
This book gives scientific studies on grief, therapies, and useful teaching techniques.
Professionals including Counselors
Allen, Marie, Ph.D. & Marks, Shelly, M.S.
*Miscarriage*, John Wiley & Sons, 1993
Women sharing from the heart. Support and advice based on author’s own experience and women interviewed.
Parents

Covington, Sharon N., MSW, LCSW
*Silent Birth...If Your Baby Dies* (pamphlet), Fairview Press, 2004
Intended for couples who have lost a baby during pregnancy, labor, or shortly after birth. Can provide medical caregivers, family, and friends with an understanding.
Adults

Davis, Deborah L.
*Empty Cradle, Broken Heart: Surviving the Death of Your Baby*, Fulcrum, 1996
Psychology of adjustment, parent and children, concerning bereavement over perinatal death.
Adults

Gryte, Marilyn, & McClendon, Kristi
*No New Baby*, Centering Corporation, 1991
Children express feelings over loss after their mom’s miscarriage.
Ages 5-8

Kohn, Ingrid, MSW & Mottit, Perry-Lynn
*Silent Sorrow*, Brunner-Routledge, 2000
Covers pregnancy loss—guidance and support for mother and whole family. Considered “bible” for families seeking support.
Adults

Kohner, Nancy & Henley, Alix
*When a Baby Dies*, Brunner-Routledge, 2001
Discusses the experience of late miscarriage, stillbirth, and neonatal death. Letters and interviews with bereaved parents and also explains medical and hospital practices.
Adults

Levange, Elizabeth & Cherokee, Ilse
*Remembering With Love*, Fairview Press, 1996
Messages of hope for the first year of grieving and beyond, including meditation exercises.
Adults
Panuthos, Claudia & Romeo, Catherine  
*Ended Beginnings*, Bergin & Garvey, 1984  
Healing Childbearing Losses. Wide scope including infertility,  
miscarriage, SIDS, abortion, release for adoption, handicapped babies,  
Cesarean, premature/traumatic birth, and help for grieving siblings.  
Parents & Families

Rank, Maureen  
*Free to Grieve*, Bethamy, 2004  
Healing and encouragement for those who have experienced the  
physical, mental and emotional trauma of miscarriage and stillbirth.  
Helps those in sorrow to move towards healing.  
Adults

**DEATH OF A PARTNER**

Brothers, Joyce  
*Widowed*, Ballantine, 1992  
Covers personal knowledge of husband loss, needs of widows/widowers.  
Adults

Caine, Lynn  
Author offers practical guidelines and ideas to women lonely and  
stressed from losing a spouse.  
Adults, Widows

Curry, Cathleen L.  
*When Your Spouse Dies*, Ave Marie, 1990  
A concise and practical source of help and advice after loss of a spouse.  
Adults

Ericsson, Stephanie  
*Companion Through the Darkness: Inner Dialogues on Grief*,  
HC, 1993  
Contains a series of meditations on grief with themes on rage,  
exile, abandonment. Chapters are 1 to 2 pages long.  
Adults

Foehner, Charlott & Cozart, Carol  
Comprehensive, sensitive guide for dealing with the emotional and  
practical issues of the first two years of widowhood.  
Adults
Greene, Phyllis
*It Must Have Been Moonglow: Reflections on the First Years of Widowhood*, Villard, 2003
This is the author’s journal of feelings and experiences during the difficult transition from being married to widowhood.
Adults, Widows

Lewis, C. S.
Lewis writes about his experience with the death of his wife and the impact.
Adults

Wolfelt, Alan
*Healing a Spouse’s Grieving Heart*, Companion Press, 2003
This book offers 100 practical, here-and-now suggestions for helping widows and widowers mourn.
Adults

GENERAL

Albom, Mitch
*Tuesdays with Morrie*, Doubleday, 1997
Describes interaction between an older man who is dying and a younger man who was his student earlier in life.
Adults

Anderson, George & Barone, Andrew
*George Anderson’s Lessons from the Light*, Berkeley Books, NY, 1999
Extraordinary messages of comfort and hope from the other side.
Adults

Anderson, George & Barone, Andrew
Advice from the Hereafter, for living in the here and now.
Adults

Attig, Thomas
*How We Grieve: Relearning the World*, Oxford University, 1996
Explains through the stories of specific people’s grieving how the bereaved relearn their relationships—to themselves and their spirituality, to survivors and others, to time, space, and to the deceased.
Adults
Auz, Martin M. & Lyons, Maureen
Gives practical approaches for those who grieve or support the grieving.
Many scenarios: work, home, violence, unexpected, elderly, very young.
What to do and say. Useful bibliography.
Teens & Adults

Baugher, Bob, Ph.D. & Sims, Darcie, Ph.D.
*The Crying Handbook*, Self Published, 2007
This book provides various aspects of crying and why some people cry and others do not. Includes personal stories.
Adults Obtain through b_baugher@yahoo.com

Baugher, Bob, Ph.D. & Sims, Darcie, Ph.D.
*A Guide for the Bereaved Survivor*, Self Published, 2012
This is a basic, comprehensive book to help the bereaved survivor, including reactions and suggestions to cope with grief. Extensive information in a book short enough for those deep in grief to read.
Adults & Families Obtain through b_baugher@yahoo.com

Baugher, Bob, Ph.D.; Hankins, Carol, M.S.; & Hankins, Gary, Ph.D.
*Understanding Anger During Bereavement*, Self Published, 2008
This concise book gives insight into the complex issue of anger during bereavement. Covers reactions, suggestions, and causes, including coping strategies.
Adults & Families Obtain through b_baugher@yahoo.com

Baugher, Bob, Ph.D. & Sims, Darcie, Ph.D.
*Understanding Guilt During Bereavement*, Self Published, 2008
40 contributors share their insights into guilt during bereavement. Includes 22 coping suggestions.
Adults & Families Obtain through b_baugher@yahoo.com

Beattie, Melody
*The Grief Club*, Hazelden, 2006
Subtitled “The Secret to Getting Through All Kinds of Change,”
Good overall coverage of change, not specific to death.
Adults

Berger, Susan A.
*The Five Ways We Grieve: Finding Your Personal Path After the Loss of a Loved One*, Trumpeter, 2009
Author goes beyond previously held grief stages to one of practical healing and self-awareness.
Adults

Blume, Judy
*Are You There God? It’s Me Margaret*, Atheneum, 2001
The story of Margaret’s moving and emotions in forming a new life.
Ages 8-12
Bonanno, George A., Ph.D.  
Author goes beyond the accepted five stages of grief, indicating experiences and resilience help us effectively deal with loss.  
*Adults*

Bouvard, Marguerite  
*The Path Through Grief, a Practical Guide*, Prometheus, 1998  
Contains interviews and personal narratives on all types of loss—spouse, parent, child, sibling, or friend. Covers loss through illness, stillbirth, miscarriage, homicide, and suicide with a chapter on AIDS.  
*Adults*

Bozarth, Alla Renee, Ph.D.  
*A Journey Through Grief*, Hazeldon Educational Materials, 1994  
Short, easily read book to help in the difficult stages of the grieving process.  
*Teens & Adults*

Bozarth, Alla Renee, Ph.D.  
*Life is Goodbye, Life is Hello*, Hazeldon Educational Materials, 1986  
Book deals with grieving through all types of losses.  
*Late Teens & Adults*

Brener, Annie  
*Mourning and Mitzvah*, Jewish Lights, 2001  
A guided journal for walking the mourner’s path through grief to healing. Culturally sensitive with sixty exercises.  
*Adults*

Canfield, Jack & Hansen, Mark Victor  
*Chicken Soup for the Grieving Soul*, HCI, 2003  
This is a collection of heart-warming stories to help everyone get through all types of loss, disappointments, and sadness.  
*Adults & Late Teens*

Canfield, Jack; Hansen, Mark V.; & Newmark, Amy  
*Chicken Soup for the Soul: Grieving and Recovery*, Chicken Soup for the Soul, 2011  
Authors provide 101 stories of inspiration and comfort to help with loss and grief.  
*Late Teens & Adults*

Caplan, Sandi & Lang, Gordon  
*Grief’s Courageous Journey*, New Harbinger, 1995  
This is a workbook encouraging writing and other methods to work through grief.  
*Late Teens & Adults*
Colgrove, Melba, Ph.D. & Bloomfield, Harold, M. D.
*How to Survive the Loss of a Love*, Prelude Press, 2000
Describes overcoming losses of any kind, including death, breakups, divorce, and the recovery process. Easy to read format with poems and short quotes.
Late Teens & Adults

Copeland-Payton, Nancy, Ph.D.
By using strength and resiliency learned from everyday, smaller losses, we have the ability to deal with larger losses such as death.
Adults

Core, C.; Noble, C.; & Core, D.
Book gives a comprehensive discussion of insights into dying and bereavement.
Adults

Coryell, Deborah Morris
The author describes the treasures found at the bottom of grief and how we are led to embrace the challenges of loss rather than avoid them.
Adults

Deits, Bob
The book gives positive, sensitive ideas to coping with real-life losses and changes.
Adults

Didion, Joan
*The Year of Magical Thinking*, Vintage, 2007
Written by a professional author about the death of her husband.
Adults

Doka, Kenneth J.
The book encourages everyone to help older people facing grief and loss.
Adults & Families
Dunn, Paul H. & Eyre, Richard M.
*The Birth We Call Death*, Bookcraft, 1994 (Mormon Church)
Quotations dealing with death, giving hope for eternal life.
Adults

Ellis, Thomas M.
*This Thing Called Grief: New Understandings of Loss*, Syren Book Company, 2006
Brief and readable, full of personal experiences and practical advice. It is an alternative for those who do not relate to the five stages of grief, as the author emphasizes that grief is not neatly packaged into stages.
Adults

Emswiler, Mary Ann & James
*Guiding Your Child Through Grief*, Bantam, 2000
By Founders of the New England Center for Loss & Transition. Addresses challenges, including those with teens. Covers communication, feelings, behaviors, long-term effects, with a family focus.
Adults

Fadiman, Ann
*The Spirit Catches You and You Fall Down*, Farrar, Strauss, & Giroux, 1997
Addresses cultural awareness in the grieving process.
Adults

Fitzgerald, Helen
Comprehensive resource offering advice on coping with all aspects of dying, including childhood grief, funeral, and more. Lists support groups.
Adults and older teens

Frankl, Viktor, M. D.
*Man’s Search for Meaning*, Pocket Book, 1984
Deeply touching review of author’s imprisonment in a Nazi camp and the importance of love that helped him survive his many losses.
Late Teens & Adults

Gibran, K.
*The Prophet*, Alfred A. Knoph, 1969
Timeless poems expressing feelings of life and death, pleasure and pain, joy and sorrow. Gives views to help through the most difficult of times.
Late Teens & Adults

Golden, Tom
*Swallowed by a Snake*, Golden Healing, 1996
This is a valuable resource for men defining grief, describing gender differences in grieving patterns, and ideas to help work through grief.
Adult Men
Grollman, Earl A.
*In Sickness and In Health*, Beacon Press, 1987
Coping skills during a loved one’s illness and finding strength.
Adults and Older teens

Grollman, Earl A.
*Living When a Loved One Has Died*, Beacon Press, 1995
Poems to help through the grieving process.
Adults

Grollman, Earl A.
*Living with Loss, Healing with Hope*, Beacon Press, 2001
Gives ideas to help heal and regain hope.
Adults

Grollman, Earl A.
Gives helpful information on a variety of deaths and the ensuing grieving process.
Late Teens & Adults

Harris, Maxine
*The Loss That Is Forever*, Plume, 1996
Dealing with the finality of loss and recovering through grief.
Families

Hickman, Martha
Daily meditations for working through grief.
Adults

Hipp, Earl
Suggestions on getting through the difficult times of grieving and overcoming the feelings of loss.
Families

James, John W. and Friedman, Russell
A step by step program for moving through the grieving process.
Late Teens & Adults

Kessler, David
Tools and resources to bring hope, comfort, and love when a loved one is dying.
Adults
Kreis, Bernadine & Pattie, Alice  
*Up From Grief*, Harper San Francisco, 1985  
Written to help those who are in grief, those who need to understand grief in order to help a friend or relative, and those who work with the grief-stricken.  
Adults

Kubler-Ross, Elizabeth  
*Death—The Final Stage of Growth*, Prentice-Hall, 1975  
Discusses death as giving meaning to life and as part of human development.  
Adults

Kubler-Ross, Elizabeth & Kessler, David  
*On Grief and Grieving*, Scribner, 2005  
Understanding and finding meaning through the five stages of loss.  
Adults

Kubler-Ross, Elizabeth  
*Wheel of Life*, Touchstone, 1997  
Having taught the world how to die well, the author offers a lesson in how to live well as she faces her own death.  
Young adult & Adults

Kuenning, Delores  
*Helping People Through Grief--When a Friend Needs You*,  
Bethany House, 1987  
A sensitive guide to help you know how and when to show your concern with people in crisis and pain.  
Adults and Older Teens

Kumar, Sameet M.  
Based on the Buddhist theory of handling grief, the book offers a quick summarization of what mindful grieving is. Analyzes why it is a good thing to take time to do actual battle with grief.  
Professionals & Adults

Kushner, Harold S.  
This book discusses traumatic events and dealing with the pain.  
Teens & Adults
Lee, Judith
*What To Do Before and After Someone Dies*, Little Moose Press, 2006
Answers questions about death and dying. From making funeral arrangements to handling special circumstances, gives you the basics. It is a resource to help those involved navigate the practical considerations.
Professionals & Adults

Lenzkes, Susan
*When Life Takes What Matters*, Discovery House, 1993
Book lists devotions to help through change and crisis.
Teens & Adults

Levine, Stephen
*Healing into Life and Death*, Anchor, 1989
Facing death and emotions during difficult times of loss.
Adult

Levine, Stephen
*Unattended Sorrow*, Rodale Books, 2005-6
Recovering from loss and reviving ones self.
Adult

Lintermans, Gloria & Stolzman, Marilyn
Leads mourners through five sequences of grief into recovery and balance. Provides helpful do’s and don’ts for the bereaved and their friends and family. Concrete suggestions in the text and workbook for readers to put into practice. Gentle, comprehensive and practical.
Professionals & Adults

Manning, Doug
*Don’t Take My Grief Away*, Harper, 1984
Steps to take when you are losing a loved one.
Adult

Marr, Diane Demsey, Ph.D.
*The Reluctant Traveler*, NavPress, 2002
This is a workbook to guide people after various types of loss—death, illness, divorce, and others. It gives practical steps, spiritual insight, and hope.
Adults

McCormack, Jerusha H.
This book is a personal, concrete explanation of ways to deal with the pain of loss, lessons learned firsthand by the author in her own grieving.
Young adults & Adults
McCracken, Anne & Sempel, Mary
*Broken Heart Still Beats After Your Child Dies*, Hazeldon, 1998
A collection of poetry, fiction and essays completed by the authors, a social worker and a journalist, both of whom have lost a child.
Adults

Mindell, Arnold
*Working with the Dreaming Body and Coma*, Lao Tse, 1998
Key to awakening, plus more possibilities of the body’s role in revealing aspects of the self.
Adult

Moore, Thomas
*Dark Night of the Soul*, Cygnus Books, 2004
Book gives advice in the quest for meaning during life’s darkest hours: the loss of a loved one, depression, illness, disappointment—giving genuine solace and guidance.
Adults

O’Connor, Nancy, Ph.D.
*Letting Go With Love*, La Mariposa Press, 1984
Gives steps and guides through various losses, including suicide, with emphasis on coping and healing.
Teens & Adults

Parkes, Collin M.
*Bereavement*, Penguin, 1998
Adult life studies on grief are examined.
Adults

Parkes, Colin Mary; Laungani, Pittu; & Young, William
*Death & Bereavement Across Cultures*, Routledge, 2000
This is a useful resource for anyone to help understand others in a multicultural setting, including schools.
Educational Staff & Adults

Prend, Ashley Davis
*Transcending Loss*, Berkley Books, 1997
Book discusses the long impact of grief and making it meaningful.
Adults

Quackenbush, J. & Graveline, D.
*When Your Pet Dies*, Pocket Books, 1988
Helps owners understand feelings and grieving when a pet dies.
Teens & Adults
Rando, Therese A., Ph. D.
*How to Go on Living When Someone You Love Dies,* Bantam Books, 1991
Helps understand grief and grieving different types of deaths, myths about grieving and how to “resolve” grief.
Adults

Sanders, Dr. Catherine M.
*Surviving Grief,* John Wiley Publishers, 1992
Ideas are given to help through the grieving process.
Teens & Adults

Staudacher, Carol
*Beyond Grief,* New Harbinger, 1987
Describes various types of losses: parent, child friend, including violent death and suicide. Suggests how to get and give help.
Teens & Adults

Sell, Colleen
*Cup of Comfort for the Grieving Heart,* F & W. Media Co., 2010
Through fifty empathetic and tender stories, the author shows the readers that others understand their sadness, and that there are brighter days to come.
Young adults & Adults

Staudacher, Carol
*Time to Grieve,* Harper Collins, 1994
Book provides an examination of the grief process including meditations for healing after the death of a loved one.
Young adults & Adults

Tatelbaum, Judy
*The Courage To Grieve,* Lippincott & Crowell, 1993
Creative living, recovery and growth through grief.
Adults

Terkel, Studs
*Will the Circle be Unbroken?*, Ballantine Publishing, 2001
From the sheer physical facts, to the emotional realities, to the spiritual speculations, all aspects of death are openly expressed.
Adults

Viorst, Judith
*Alexander, Who’s Not (Do you hear me? I mean it!) Going to Move,* Aladdin Paperbacks, 1998
This depicts Alexander’s intense feelings about moving and feelings of loss.
Ages 4-10
Walker, Val  
*Art of Comforting*, Penguin, 2010  
A guide on what to say and do for others who are in distress.  
Young adults & Adults

Westberg, Granger E.  
*Good Grief*, Augsburg Fortress, 1997  
This book describes what happens to us whenever we lose someone or something important.  
Adults

Whitson, Stephanie  
This book is written very matter-of-factly from survivors’ points of view. This book helps friends understand what the grief-stricken friend is going through, and how to help them best.  
Late Teens & Adults

Wilber, Ken  
*Grace and Grit*, Shambhala Publications, 2000  
The author’s commentary is combined with his wife’s journals to create a portrait of health and healing, wholeness and harmony, suffering and surrender.  
Adults

Wolfelt, Alan  
According to the author, in the wilderness of grief, touchstones are the trail markers, the signs that let you know you are on the right path.  
Young adults & Adults  
(Note: Accompanying journal can also be purchased)

Zackheim, Victoria  
This book is sponsored by the Society for the Study of Native Arts and Sciences, a nonprofit educational corporation whose goals are to develop an educated and cross-cultural perspective.  
Young adults & Adults

Zunin, Leonard M., M. D. & Zunin, Hilary S.  
This book gives suggestions on what to write, say, and do after a loss.  
Adults
Abrams, Rebecca
*When Parents Die: Learning to Live With the Loss of a Parent,* Routledge, 2000
This book includes new research in addition to the author’s experience to help those who have lost a parent.
Professionals

Hospice Foundation of America,
*Living with Grief: At Worship,*
This brochure gives practical suggestions to faith communities during times of loss, illness, and death.
Adults & Professionals

Hospice Foundation of America, Edited by Kenneth Doka & Amy Tucci
*Beyond Kubler-Ross: New Perspectives on Death, Dying, and Grief,* Hospice Foundation of America, 2011
This book focuses on new perspectives and viewpoints developed from the 5-stages model of grief.
Adults & Professionals

Hospice Foundation of America, Edited by Kenneth Doka & Amy Tucci
*Living with Grief: Children and Adolescents,* Hospice Foundation of America, 2012
This volume helps understand children and adolescents going through loss, many types of grief, and current society aspects including the Internet. Helps understand ways to give support.
Professionals and Adults

Hospice Foundation of America
*Living with Grief: At Work,* Hospice Foundation of America, 2007
This brochure helps both peer workers and supervisors with interaction of an employee facing life-threatening illness and grief in a work setting.
Adults
Irish, Donald P., et al
*Ethnic Variations in Dying, Death, and Grief*, Taylor & Francis, 1998
This book gives specific variations across cultures in dealing with death and grief.
Professionals

Johnson, Sherry
*After a Child Dies: Counseling Bereaved*, Springer, 1987
This comprehensive text offers counseling information for families after a child dies.
Professionals

Komp, Diane M., M. D.
*Why Me?*, InterVarsity Press, 2001
Using the story of Biblical Job, Dr. Komp translates pain into a spiritual survival kit.
Professionals

Kosminsky, Phyllis Ph. D.
This book is for the bereaved, and anyone who works with the bereaved—including counselors, medical staff, clergy, and hospice personnel.
Professionals & Adults

Leon, Irving G.
*When A Baby Dies*, Yale University, 1992
First in-depth explanation of psychotherapy for those who have experienced the loss of a baby during pregnancy or first few weeks after birth. Integrates narcissism, mourning, and short-term therapy with more traditional psychoanalytical therapy.
Professionals

Mills, G.; Reisler R.; Robinson, A.; & Vermilye, G.
*Discussing Death*, ETC Publications, 1976
Guide on death education with practical suggestions and resources for a wide age range.
Professionals

Nadeau, J.
*Families Making Sense of Death*, Sage, 1998
An important resource for families and professionals to understand the complexity of the grieving family.
Adults & Professionals
Neimeyer, Robert A.; Winokuer, Howard; Harris, Darcy, & Thornton, Gordon (Eds.)
  
  *Grief and Bereavement in Contemporary Society Bridging Research and Practice*, Routledge, 2011
  
  This readable book combines research and clinical wisdom including implementation of modules in practice. Covers bereavement, death, and dying, including international aspects.
  
  Professionals

Oaklander, Violet

  *Windows to our Children: Gestalt Therapy for Children*, Center for Gestalt Development, 1969
  
  Gives Gestalt therapy for children's loss and grief work, including play therapy.
  
  Professionals

Okun, Barbara & Nowinski, Joseph

  *Saying Goodbye*, Berkeley Publishing Group, 2011
  
  Both authors are experienced therapists who understand there is no substitute for personal experience when it comes to writing about death and grief.
  
  Professionals & Adults

Rando, T.

  *Treatment of Complicated Mourning*, Research Press, 1993
  
  Comprehensive book on complicated mourning, giving important understanding of the grief process.
  
  Adults & Professionals

Seibert, Dinah; Drolet, Judy; & Fetro, J. V.

  
  Specifics for 0-3, 4-8, & 9 and over. What to expect, dialogues. Includes inventories for adults’ death education, experience, and choices regarding death. Activities for coping, literature.
  
  Professionals

Silverman, P.

  *Never Too Young to Know*, Oxford University Press, 1999 & 2000
  
  Book gives important information including research and historical data to give better understanding of grieving children.
  
  Professionals

Smilansky, S.

  *On Death—Helping Children Understand and Cope*, Peter Lang, 1987-88
  
  Book covers studies on grieving children in Tel Aviv and how they process grief.
  
  Professionals
Tugendhat, Julia
*Living With Loss and Grief*, Sheldon Press, 2005
A concise and largely academic overview of the history, ritual, and experience of grief, this book quotes Biblical texts, literature, and poetry to illustrate the universality and variety of grief. A cultural study of how grief is dealt with collectively.
Professionals

Webb, Nancy Boyd, Editor
This book covers cognitive developmental understanding of death, children’s responses to death, and assessing bereaved children. It includes case examples regarding death of a family member (e.g. grandparents, siblings), a death in the school and community, violent deaths, suicide in the family, and death due to terrorism.
Professionals

Wolfelt, A.
This is an important resource to aid concerned adults working with grieving children and includes topics for discussion.
Professionals

Worden, James William, Ph.D.
Dr. Worden uses Harvard Medical School counseling methods and strategy in working with patients with complicated or difficult grief.
Professionals

Yalom, Irvin D., Ph.D.
*Staring at the Sun: Overcoming the Terror of Death*, Jossey-Bass Publ., 2008
Dr. Yalom helps understand fear of death, causes of anxiety, and helps in finding a path through various losses. Includes his existential approach.
Professionals & Adults
Concerning Death and Crisis in Schools

Burns, Donna M.
*When Kids are Grieving: Addressing Grief and Loss in School*, Corwin, 2010
This is a very practical resource to help children and adolescents through the grief process, helping with emotional stability, social interactions, and ways to respond to their needs.
Educators & School Counselors

Cassini K. & Rogers, J.
*Death and the Classroom*, Compassion Books, 1996
Manual gives guidance to deal practically with death in the classroom.
Teaching Staff

Dougy Center, The
At some point every teacher will encounter a student dealing with death and grief. This book gives practical information to help students during this difficult time.
Teachers working with Students Grades 1-12

Dougy Center, The
This book gives suggestions on how to help students, addressing concerns, and giving ideas on intervention plans after death. It gives information on suicide, violence, and deciding when to ask for outside help.
Administrators

Gliko-Braden, M.
*Grief Comes to Class*, Centering Corporation, 1992
This is a guide for teachers and parents to help bereaved children.
Teaching Staff & Parents

Hospice Foundation of America
*Living with Grief at School*, Hospice Foundation of America, 2004
This brochure helps staff assist students with death, grief, and loss in schools.
Education Staff
Klicker, R.
*A Student Dies, A School Mourns*, Empowerment in Action, 2000
This manual guides schools in reducing the effects of personal loss and suffering when death occurs.
Teaching Staff

Lagorio, J.
A teacher’s guide to help with loss issues, including specific lessons, and activities.
Teaching Staff

Miller, K.
A guide with information and ideas on how to handle difficult classroom problems.
Teaching Staff

O’Toole, D.
*Growing Through Grief*, Compassion Books, 2006
This is a comprehensive K-12 curriculum to help children through loss.
Teaching Staff

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**Grief Support Group Guides**

Beckman, R.
A resource manual giving guidance to conduct support groups for grieving children.
Professionals

Burrell, R.; Coe, B.; & Hamm, G.
Informative guidebook for working with grief support groups.
Professionals

Dougy Center, The
*Memories Matter: 70 Activities for Grieving Children & Teens*,
Dougy Center, [www.dougy.org](http://www.dougy.org)
This book is for professionals or parents to use with children and teens with ways to express their grief. It is categorized by topics and helps children process grief.
Ages Children & Teens
Fernside

This extensive idea book helps facilitators provide 180 structured activities for all ages.
Counselors & Other Professionals

Haasi, B. & Marnocha, J.

*Bereavement Support Group Programs for Children*, Taylor & Francis, 2000
This is an excellent children’s workbook and leader’s manual for children’s grief support groups.
Professionals

Perschy, M.

The guide gives ways to create a teen grief support group suggesting activities.
Professionals

## Traumatic Loss – Including 9-11

Doka, Kenneth

*Living with Grief after Sudden Loss*, Taylor & Francis, 1996
Contains discussions on topics such as treatment implications for traumatic death, social psychological aspects of disaster death, and grief counseling for traumatic loss.
Professionals

Doka, Kenneth & Licht, M.

*Living with Grief: Coping with Public Tragedy*, Brunner Routledge, 2003
This book gives a comprehensive look at how people coped with the terrorist attacks during 9-11.
Adults & Professionals

Matsakis, Aphrodite, Ph.D.

*Trust after Trauma*, New Harbinger Publications, inc., 1999
This is a readable and practical guide helping people from traumatic events and isolation to finding meaning and new relationships.
Adults and Therapists

Zinner, E. & Williams, M. B.

*When a Community Weeps*, Routledge, 1999
This gives case studies in group survivorship due to trauma and loss.
Professionals
Boulden, Jim
*Saying Goodbye*, Boulden Publishing, 1992
This is a bereavement workbook for young children.
Ages 5-8

Carney, Karen
*Together, We’ll Get Through This! Learning to Cope with Loss and Transition*, Dragonfly, 1997
This is a book to help young children understand death and needed transitions.
Ages 3-7

Dougy Center, The
*After a Death: An Activity Book for Children*, Dougy Center [www.dougy.org](http://www.dougy.org)
The book has suggested activities and ideas to help children on ways to deal with loss.
Ages 5-12

Fernside
*A Book for You from Kids Like You*, Fernside
This workbook is from Fernside kids with drawings and quotes encouraging grieving children to express their feelings.
Ages 5-12

Haasl, Beth & Marnochoa, J.
*Bereavement Support Group Program for Children*, Taylor & Francis, 2000
This is a step-by-step workbook with a leader’s manual to assist children’s groups for grieving.
Ages 8-13

Hammond, Janice
Both workbooks help children through grieving of loss of parent.
Ages 4-9

Heegaard, Marge
*When Someone Very Special Dies*, Woodland Press, 1988
This workbook encourages bereaved children to express their grief.
Ages 5-13
Hospice of Spokane
_Helping Your Child Work through Grief_, Hospice of Spokane
This is a workbook suggesting ideas and ways to help your child work through grief.
Families

O’Toole, Donna
_Facing Change_, Compassion Books, 1995
This is a workbook for pre-teens and teens.
Ages 10 and up

Traisman, Enid S.
_Fire in My Heart; Ice in My Veins_, Centering Corporation, 1992
Excellent workbook to facilitate teens to encourage memories and help with grieving.
Teens

**MILITARY & VETERANS OF WAR**

Hospice Foundation of America
_Hospice Care & the Military Family_, Hospice Foundation of America, 2007
This brochure explores the uniqueness of the military family when facing death and loss.
Military and Families of Vets

**Military Websites**

Helpful websites for friends and families of Veterans

**www.veteranscrisisline.net**
Connects Veterans in crisis and their families to Department of Veterans Affairs responders

**www.serve.gov**
United we Serve is a website devoted to providing resources to Veterans and their families.

**www.veteranfamiliesunited.org**
Resources for friends and families of Veterans.

**www.thesoldiersproject.org**
Free confidential psychological counseling for Military service members and their loved ones.
www.unitedchildrenofveterans.com
Website devoted to providing information and resources about post-traumatic stress disorder in children of war Veterans.

RESOURCES IN SPANISH

Bob Baugher, Ph.D.,
b_baugher@yahoo.com,
Enfrentar Una Muerte Traumática: Homicidio
Obtain through b_baugher@yahoo.com

Dougy Center, The
website: www.dougy.org for several resources in Spanish

ANTI-BULLYING WEBSITES

Bullying and now cyber-bullying are critical issues faced by many young people, and conceptually by many adults in the workplace as well. The impact of bullying has been well researched and we know there is a need for even more research.

With this said, bullying can contribute to feelings of loneliness, isolation, despair, depression, hopelessness, and social anxiousness. In some cases, bullying may contribute to the development of serious and debilitating mental health concerns including suicidal thinking and behavior. In some cases the siblings of young people who died by suicide have become the targets of bullying. We also know that when bullying is not proactively addressed via education, training, policies & procedures, and laws, the victims of bullying may be left to cope with this challenge alone and it is possible the bullying will lead to acts of violence.

We at SMILE believe bullying, including cyber-bullying, is a significant issue in our society that can contribute to poor outcomes for our children. We also know that bullying is associated with significant grief and loss issues that should be understood by caring adults so grief and
loss issues are identified and managed sooner rather than later. We hope these ten anti-bullying resources below are of value in this regard and we have decided to include them in our Grief & Loss Resource Guide. As SMILE does not control the content on these websites, we cannot assume any legal responsibility for the information they post.

**www.eyesonbullying.org**
General information regarding bullying prevention for parents and other concerned individuals. Includes a Tool Kit.

**www.pacer.org/bullying**
General information regarding bullying prevention for parents and other concerned individuals. Specific information about October as Bullying Prevention Month with lots of ideas for activities.

**http://cybersmartcurriculum.org/cyberbullying/nsba**
Provides a Cyber-bullying Package to schools nationwide.

**www.glsen.org/cgi-bin/iowal/ll/antibullying/index.html**
Research-based interventions for schools with age-appropriate anti-bullying programs.

**www.cartoonnetwork.com/tv_shows/promotion_land/ing_page/stopbullying/index.html**
Ideas for parents and other concerned adults about preventing and stopping bullying.

**www.girlshealth.gov/bullying/**
Specific information related to girls and bullying.

**www.cdc.gov/lgbthealth/youth.htm**
Centers for Disease Control and Prevention with information specific to LGBT Youth.

**www.esd101.net/site/Default.aspx?PageType=6&SiteID=1&SearchString=bullying**
General information about the New ESD 101 serving schools in North-East Washington State.

**www.stopbullying.gov**
Community strategies for bully prevention plus information regarding policies and laws specific to each state.

**www.cyberbullying.us/index.php**
Site dedicated to providing up-to-date research based information regarding cyber-bullying and adolescents.
Activities
To continue to serve our youth and community, we need your support and financial donations; any amount is appreciated. The work done by SMILE is through highly experienced, dedicated professionals who volunteer their time to ensure that donations are maximized towards helping our youth become empowered and resilient.

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